

Risk Taking Mindset Self-Assessment

This assessment is designed to determine how the Risky Business: Take Risks, Make Decisions session can help you. Take a moment and reflect about how you think and act regarding risk taking - both at work and in life.

Answer the questions quickly, not spending more than a second or two on each.

Rate yourself honestly on a 1-10 scale. It doesn't matter where you are on the scale. The goal is to provide you with increased self-awareness about your risk-taking mindset and tendencies, so that you can increase your options. All approaches can be successful. Complete and determine your approach.

Discuss your results within your peer team groups. We will discuss at the webinar.

Reflection	Scale	Your Score
1. When you are approaching taking a risk, what do you tend to put more emphasis on - analyzing the risk in advance or after the fact?	(1) Even small risks such as buying a hair dryer to changing careers must involve minimal to extensive analyses of data → (10) You prefer to jump into both small and larger risks such as changing careers as you are stimulated by challenges	
2. When you are seeking out a new opportunity do you tend to focus on setting attainable goals or more on proving yourself?	(1) You want to build upon your core strengths such as accounting and set goals that are attainable such as an accounting partner → (10) You are energized by setting elevated goals that stretch you beyond your current skill level such as moving from being an accountant with a creative flair to having your business as an interior decorator	
3. How do you approach attaining your goals?	(1) You assume that you need to go step by step beginning with easy steps to more difficult to ensure success → (10) You tend to want to experiment and try things out as opportunities avail themselves.	
4. Where do you derive the most satisfaction when taking risks?	(1) Enjoy achieving goals that come from stretching your core strengths and working in a success oriented environment → (10) Enjoy the challenge to prove to yourself that you can do something you didn't think you could	
5. How often do you ask for a push and/or constructive/ positive feedback from key stakeholders and your support team?	(1) You seek out reinforcement and positive feedback and tend to avoid introspection and self-examination → (10) You realize that to improve your performance, you must regularly ask for positive and constructive feedback	
6. How many goals do you set in your personal and work life?	(1) You tend to focus on a few things that you can be good at and enjoy and allow down time → (10) You tend to seek out challenges in all areas of your life so you could be going to school at night, learning photography for fun, running in your first marathon for a challenge, and seeking leadership roles at work	
7. When you experience stress from risk taking, how do you show it?	(1) You tend to show a positive image to the world and focus on what is going right as you are uncomfortable with public recognition of a problem → (10) You tend to beat yourself up even in public and can be hard on yourself as you will keep pushing yourself to achieve your potential in all areas of your life	
Total;		

Scoring

Numerical Scores

- 7-30:** You tend to demonstrate more of a driven to succeed approach. You tend to feel most comfortable analyzing the risk in advance, focusing on your stretching your core strengths and setting goals that are attainable. You go step by step to ensure success and tend to show a positive image to the world even when things are not going your way.
- 30-50:** You are comfortable going back and forth between driven to succeed and driven to prove. Meaning sometimes you may jump right into something and other times you may plan it out. You consciously and comfortably go back and forth between each approach.
- 50-70:** You tend to be most comfortable with a driven to prove approach. You tend to analyze the risk after the fact, focus on your potential, seek elevated goals and focus on proving yourself. You tend to be hard on yourself and enjoy the challenge of jumping into to new opportunities.