

## MENTOR CONVERSATION FORM

<u>Prior to</u> an in-person or virtual mentoring discussion, email this form to your mentor(s) / team as a way of ensuring the best use of time.

Used each time, this form will help you both prepare for a "development focused" conversation.

From:

Date:

Planned Conversation / Meeting Date:\_\_\_\_\_

- 1. Since our last meeting / conversation, I have accomplished the following development action steps (from my LEAD Journey Roadmap).
- 2. The most valuable tool / idea you shared with me during our last conversation was:
- 3. What I intended to complete, but haven't finished is:
- 4. I feel the following roadblocks and issues are hindering my progress:
- 5. I need help in the following area: