

RBAS Mentoring Programme Impact

TEAM [1]



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Key lessons learnt

- *Some of the key points we learnt from the RBAS mentoring programme and our mentors:*
 - *To communicate better, we have to **listen** , listen and listen,.....*
 - *Networking is important, its not what you know, its who knows what you know that will support the next steps in career, so **networking**, networking and networking.....*
 - *Explore new roads, new opportunities and surround yourself with **innovative supporting system***
- *The mentors and peer team members are **newly emerged network** established to continue even after the programme ends,, 😊*



Quotes from our Mentors



Be what you want to be remembered for

You can shape your reputation, you should thrive to present yourself like you want others to see you – (ex. trustworthy, reliable, approachable)

Choose the strategic things you want to say yes to

- *You can say No, but sometimes saying yes to “extra-curricular” tasks can strategically set you on the right path and with the right people*

You have to put a thick skin on once you reach the top

- *It's lonely up at the top, so build a barrier, distance yourself from toxic people, and surround yourself with people who bring positivity and compromise.*

Be humble but not apologetic of success

- *Give yourself and your team credibility and appreciation, share the success with the right “witnesses” and “networkers”, let others talk about it.*

Apologize when you're wrong

- *Apologizing gives humility, sets a good example and calls for empathy. Try to do it individually or in small groups, its easier*



Thank You

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