

# **IMpower Group Mentoring**

Many of you have expressed interest in receiving an opportunity to mentor other WOMEN Unlimited, Inc. women. I would like to invite you to join us as a mentor for the next WOMEN Unlimited, Inc. IMpower Program.

### Why Mentor?

You will be joining an outstanding group of leading women and men who serve as mentors. Not only does that help you continue to network outside of your own organization, but it is also a wonderfully rewarding and inspiring experience.

### Who are the Participants?

These "Emerging" managers and individual contributor/project leaders are selected from Colgate-Palmolive, American Express, Quest Diagnostics, Prudential, JP Morgan Chase and many other great companies. Unlike LEAD participants, IMpower attendees have less experience in management and leadership competencies and that's where YOU come in!

## How does the Group Mentoring aspect of the IMpower Program work?

Our program fosters a peer / group mentoring approach. The key role of a mentor in the IMpower program is to facilitate discussion, provide insight by asking questions and to share best practices. First, you will be asked to share some of your experience and advice in a panel discussion during the early afternoon of a workshop. Then, we will ask you to work with IMpower participants during the latter portion of the workshop to explore the topic further. The majority of mentoring will occur at the actual sessions and will be focused on the specific topics or issues covered that day. Average time committed is less than 4 hours during the session day and includes lunch! YOU choose the session(s) in which you wish to mentor!

#### What is the Actual Commitment for the Mentor?

We ask each Mentor to select sessions they are most interested in contributing to in a Mentor Role.

We ask that you commit to attend your selected IMpower sessions from 1:30 PM to 3:30 PM and invite you to be our guest for lunch from 12:30 to 1:30 PM, if your schedule permits.

For IMpower locations and dates, please go to: <u>https://www.women-unlimited.com/program-registration</u>.

We look forward to have you share your wonderful insights and best practices with other very appreciative women leaders.