

## **Cristina Heta Bio**

Cristina Heta is Founder and CEO of Manager on Call, a human resources consulting organization that provides on call coaching and consulting to leaders. Through Manager on Call, Cristina is fulfilling her passion and purpose for helping leaders advance their management skills and has successfully coached and trained hundreds of managers, from small business owners to corporate leaders.

As an executive, with over 20 years of experience managing operations, change and HR implementations, from startups to Fortune 100, in the United States and Europe, Cristina relates to the managers and business leaders whom she works with at WOMEN Unlimited, Inc. Cristina balances her highly energetic and vibrant facilitation style with her direct and demanding coaching style, pushing participants through slight discomfort, but providing them in return a great sense of accomplishment and reward. She is an avid speaker on human resources topics, and an instructor for The Rutgers University, for whom she designs and facilitates leadership development, human resources and project management workshops.

Cristina holds a Bachelor of Science in Business Administration from College of Saint Elizabeth and professional certifications in coaching (Coach U CEP), human resources (PHR, SHRM-CP) and project management (PMP), among others.